

Prayer of Lament

Grieve

Grieve the situation by describing it to God and expressing your pain to Him

Joel 1:14

What the cutting locust left, the swarming locust has eaten.
What the swarming locust left, the hopping locust has eaten,
and what the hopping locust left, the destroying locust has eaten.

Offer

Offer it up to God by asking for His intervention and expressing trust in Him

Joel 2:13

Return to the LORD your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love; and he relents over disaster.

Hope

Hope in the knowledge of God's promised provision by affirming His future renewal

Joel 2:25

I will restore to you the years that the swarming locust has eaten, the hopper, the destroyer, and the cutter, my great army, which I sent among you.

Every weekday of Lent, pray through something according to the topic for the week. First, grieve the situation, then offer it up to God, and close with a prayer of hope.

This whole cycle can be done in 1-2 minutes.

	Mon	Tue	Wed	Thu	Fri
FAMILY	<input type="radio"/> 2/19	<input type="radio"/> 2/20	<input type="radio"/> 2/21	<input type="radio"/> 2/22	<input type="radio"/> 2/23
VOCATION	<input type="radio"/> 2/26	<input type="radio"/> 2/27	<input type="radio"/> 2/28	<input type="radio"/> 2/29	<input type="radio"/> 3/1
FRIENDS	<input type="radio"/> 3/4	<input type="radio"/> 3/5	<input type="radio"/> 3/6	<input type="radio"/> 3/7	<input type="radio"/> 3/8
NATION	<input type="radio"/> 3/11	<input type="radio"/> 3/12	<input type="radio"/> 3/13	<input type="radio"/> 3/14	<input type="radio"/> 3/15
WORLD	<input type="radio"/> 3/18	<input type="radio"/> 3/19	<input type="radio"/> 3/20	<input type="radio"/> 3/21	<input type="radio"/> 3/22
CHURCH	<input type="radio"/> 3/25	<input type="radio"/> 3/26	<input type="radio"/> 3/27	<input type="radio"/> 3/28	<input type="radio"/> 3/29